



One of
the Sunday
Times
'Ultimate 100
British
Hotels'.

relax. revitalise. recover

TREAT YOURSELF TO A LUXURIOUS SPA DAY AT SOAR MILL COVE HOTEL



soar mill cove
HOTEL

Soar Mill Cove is a haven to escape the everyday... the perfect place to relax, restore and revitalise in our newly revamped, bespoke-built Discovery Spa.

Spend some time luxuriating in the heated salt water indoor pool, relaxing in the sauna, and enjoying a thoroughly soothing and knot unwinding Aromatherapy/Swedish massage - just the thing for a harmonious body and soul.

And with the senses tingling anew, what could be better than a leisurely lunch with some lovingly prepared and presented dishes to ensure the tastebuds are suitably revitalised too...



DIP & DINE:

Swim in the pool and 2 course lunch, £29pp (3 course lunch £33pp)

DISCOVERY SPA DAY:

Full day in Spa with tea or coffee on arrival and relaxing 35min back, neck and shoulder massage plus 2 course lunch from our Dip & Dine menu - £70pp

SIGNATURE DISCOVERY SPA DAY:

A full day of pampering with tea or coffee on arrival, relaxing 35min back, neck and shoulder massage followed by a 30min Spa Find Express Elegance Facial and 2 course lunch from the Dip & Dine menu - £110pp



STARTERS

Today's soup served with warm homemade rolls (V) (*)

Home hock terrine with pineapple salsa (gf)

MAINS

Pan roasted chicken breast with asparagus and salsa verde (gf)

Cornish hake with rainbow chard, creamy parmesan sauce and soft poached egg (gf)

Butternut squash risotto with sage butter and rocket (V)

DESSERTS

Sharp lemon tart with our lemon posset and raspberry sorbet

Sticky toffee pudding with salted caramel sauce and honeycomb ice cream

2 courses £21

3 courses for £25

2 course lunch and a swim in our salt water pool £29 (3 course lunch £33pp)

To find out more about the Soar Mill Spa Days or to book, call **01548 561566**. We look forward to welcoming you to our sanctuary...



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