



soar mill cove
HOTEL
a *different* view



WELCOME TO SOAR MILL COVE SPA

Escape to serenity in our newly revamped discovery spa, specially designed to restore and revitalise. Set in the staggering scenery of Soar Mill Cove, the discovery spa offers prescriptive spa experiences to allow you to escape from a chaotic and stressful lifestyle and find a more primitive, peaceful and natural state of being - to have totally indulgent time for 'you' and just 'you'.



For bookings or information phone 01548 561566
or email us: info@soarmillcove.co.uk

SPA FIND FACIALS

Spa Find offers natural mineral treatments and products blending natural de-ionised water with pure Dead Sea minerals and organic plant extracts – products contain allergen-free fragrance and no parabens, genetically modified organisms (GMOs) or animal ingredients.



Spa Find Express Elegance Facial - 30 minutes, £40

A mini-facial incorporating a full cleansing and toning sequence, exfoliation to brighten the skin, nourishing mud mask to suit your skin type and mini facial massage, leaving your skin refreshed and glowing.

Spa Find Renewed Radiance Hydrating Mud Facial – 1 hour, £60

This deeply hydrating facial is perfect for delicate and dehydrated skins, helping to gently renew and revive skin. It begins with a welcome massage followed by a facial that naturally tones and firms the skin. VMS Complex in the products used in this facial help to smooth fine lines and prevent further skin ageing by treating both the surface and deeper skin tissues.

Spa Find Balanced Beauty Deep-Cleansing Mud Facial – 1 hour, £60

A deep-cleansing facial perfect for those with an oily T-zone or combination skin. It begins with a welcome massage followed by a facial which helps rebalance oil production, leaving skin feeling healthy and hydrated. This rebalancing facial is perfect for combination skin and for skin with varying needs. A mineral mud mask is applied to deep cleanse the pores. The highly concentrated minerals used in this treatment normalise skin pH to reveal a healthy, clear complexion.

Spa Find Natural Nourishment Double Mud Facial – 1 hour 15 minutes, £70

A hydrating facial which is excellent for tired, dull and sallow skins. It begins with a welcome massage followed by a facial incorporating two mud masks to dramatically refine the skins texture and deeply relax you. Dead Sea black mud and Renewed Radiance Energizing Face Mask are used where needed to give immediate visible results.

Spa Find Youthful You Anti-Ageing Facial – 1 hour 15 minutes, £70

This luxury anti-ageing facial uses a unique peel-off mask combining Dead Sea Mud and seaweed. It begins with a welcome massage followed by a facial, which brings immediate firming and hydrating results to the skin. Your face is then cocooned in the active ingredients of our specialised Alгимud seaweed mask, formulated to refine, tone and produce instant results. Dramatic anti-ageing results with a number of celebrity fans.

Spa Find Exquisite Eyes – 30 minutes, £35

A naturally anti-ageing eye treatment, targeting fine lines and wrinkles as well as combating dark circles and puffiness. Immediate results can be seen with this treatment and skin is left feeling nourished and soft. This exceptional eye treatment combines the powerful effects of Dead Sea minerals and plant extracts to refine fine lines, tone and increase cell regeneration. This specialised treatment consists of a gentle eye cleanse followed by traditional eye massage techniques that soothe your troubles away as the active ingredients in our mineralizing eye mask hydrate and tone the eye contours.





SPA FIND MASSAGE TREATMENT JOURNEYS

Spa Find Peace Hot Stones Massage

Full Body – 60 minutes, £70 Back, Neck and Shoulder – 35 minutes, £45

A deeply relaxing massage using Hawaiian hot stones to release any tension from the body and leave the mind at peace. The journey begins with a warm foot compress followed by the luxury Spa Find Peace hot stones massage.

Spa Find Clarity Indian Head Massage – 30 minutes, £35

Spa Find Clarity massage is based on ancient Indian Head Massage techniques. A head, neck, shoulder, arm and facial massage is performed to improve concentration, promote hair growth and induce pure relaxation.

BODY TREATMENTS

Spa Find Heavenly Hydration Salt Brushing Treatment – 30 minutes, £35

This luxury full body exfoliation revitalises the body and mind, leaving the skin soft and smooth, using 100% natural Dead Sea salt, packed full with healing minerals. Other ingredients include Vitamin E and Coconut Oil to nourish and invigorate the body as it is lightly polished from head to toe. To finish the treatment we smother your skin in warmed body lotion to massage your senses.

Spa Find Infinite Indulgence Black Mud Envelopment – 1 hour 15 minutes, £75

This calming full body treatment nourishes the skin and relaxes aching muscles and joints. A full body exfoliation is followed by the application of warm Dead Sea Mud. We then envelop your body in heated original Dead Sea Mud to soften, soothe and condition the skin with rich minerals from the lowest place on earth. This luxury spa treatments ends with a heavenly scalp massage.

Should you wish to recreate your discovery spa experience at home, all the products used in our Spa Find treatments are now available for you to purchase. Our professional therapists will be able to advise the best products to suit your skin type.

Spa Find Marine Miracle Algimud Body Contouring Treatment –

1 hour 30 minutes, £85

Marine Miracle tones and firms the skin, improves cellulite and nourishes the skin. The treatment begins with a luxury exfoliation followed by Algimud Dead Sea Mud and Seaweed mask. A personalised treatment designed to revitalise three specific problem areas. This modelling mask uses a unique formulation of seaweed, Dead Sea Mud and plant extracts, which have combined powerful effects to eliminate cellulite and tone the body contours. An exfoliation ritual to invigorate the localised area begins the treatment, followed by an application of caffeine-rich extracts and specialised massage techniques to help with deep penetration of the active ingredients, which work together to stimulate, detoxify and firm the body.

'Signature' Pamper – 1 hour 5 minutes, £80.00

Combine our most popular treatments starting with a deeply relaxing back, neck, shoulder massage followed by a Spa Find express elegance facial.

Deep Tissue Massage

Full Body - 50 minutes, £60

Back, Neck and Shoulder - 35 minutes, £50

Legs and Feet - 30 minutes, £40

Aromatherapy and Swedish Massage

Full Body, Face and Scalp - 75 minutes, £80

Full Body – 60 minutes, £65

Back, Neck and Shoulder - 35 minutes, £45

Legs and Feet - 30 minutes, £35

Reflexology Treatment – 45 minutes, £55

Reflexology is a deeply relaxing treatment which involves the application of pressure to areas on the feet, hands and ears and is extremely effective way to alleviate stress with benefits that can be felt throughout the body.

Manicures

Classic OPI Manicure – 45 minutes, £30

Luxury OPI Manicure – 1 hour, £40

OPI Gel Manicure – 45 minutes, £35

Luxury OPI Gel Manicure – 1 hour, £45

Pedicures

Classic OPI Pedicure - 45 minutes, £30

Luxury OPI Pedicure – 1 hour, £40

OPI Gel Pedicure – 45 minutes, £35

Luxury OPI Gel Pedicure – 1 hour, £45

'Mini Me'

Mini pampering treatments ideally suited for under 12's
when accompanied by an adult.

Mini OPI Manicure – 20 minutes, £20

Mini OPI Pedicure – 20 minutes, £20

Mini Spa Find Facial – 25 minutes, £25

Waxing

Half Leg Wax £20

Half Leg & Bikini Line £30

Full Leg £30

Full Leg & Bikini Line £40

Under-arm Wax £12

Bikini Line £20

Lip & Chin Wax £15

Lip Wax £10



SPA DAYS

The discovery spa at Soar Mill Cove Spa is a haven to escape the everyday... and our expertly designed days will restore and refresh you, ready to take on the big wide world renewed and revitalised.

Spend some time luxuriating in the heated salt water indoor pool, relax in the sauna, enjoy a leisurely lunch overlooking the cove and unwind with a thoroughly soothing treatment.

'Dip and Dine'

A swim in our salt-water pool and a 2 course lunch, £25 per person (3 course lunch £30)

'Discovery Spa Day'

A full days use of the spa facilities, tea or coffee on arrival and a deeply relaxing back, neck and shoulder massage and a 2 course lunch, £70 per person

'Signature' Discovery Spa Day

A full day of pampering including use of the spa facilities, tea or coffee on arrival, a deeply relaxing back, neck and shoulder massage followed by a Spa Find express elegance facial, and a 2 course lunch, £110 per person

Spa bookings are made at reception. We always suggest booking in advance, that we that we will try our best to secure your preferred time. Please note treatments cancelled within 24h are chargeable. Please allow 10 minutes before your treatment for a short consultation with your therapist.



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or email us: info@soarmillcove.co.uk
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