

# Steal away to serenity in our newly created discovery spa, specially designed to restore and revitalise

A whole world away, escape anything city-slick, and recharge your soul using internationally-renowned Repêchage spa products, scientifically engineered to harness the rejuvenating properties of the sea.

Set in the staggering scenery of Soar Mill Cove, our spa is naturally nautical so tension simply ebbs away with the tide.

## REPÊCHAGE PRODUCTS

### A spoonful of Soar Mill Cove tonic

Chosen to reflect our amazing location we use world renowned Repêchage products, enriched with the benefits of nine different types of seaweed. Seaweed is scientifically proven to mimic the skin's make-up, harnessing rejuvenating and revitalising properties, and our Repêchage products are tailored to individual skins types, conditions and therapies. For oxygenating, detoxifying, renewing, anti-aging, hydrating and re-balancing, there is simply nothing better for your skin.



## DISCOVERY WELLBEING

### Let time wash by in salt-water serenity

In our recently redesigned spa we have a gloriously heated indoor salt-water pool which boosts the skin's natural healing process and ensures less damaging chemicals are used. Our boutique gym is also ready and waiting for you to work off any indulgences and our sauna soothes aching muscles.



# restore & revitalise



soar mill cove  
HOTEL

## Treatment list

45 min Reflexology	£45
20 min Indian Head Massage	£20

### Aromatherapy/Swedish Massage

75 min Full Body, Face & Scalp	£75
60 min Full Body	£60
45 min Back, Neck & Shoulders	£45
30 min Legs & Feet	£30

### Pure Seaweed/Aromatherapy

90 min Sea Spa Salt Body Glow Exfoliation & Conditioning Massage	£90
90 min Honey Body Scrub & Massage Stimulating Exfoliating Body Brush Polish & Conditioning Massage	£90

### Seaweed Facials

£38 – £68  
Priced as a guide, consultations are recommended and full prices can be given to ensure the right service for you

### Sports Massage

50 min Full Body	£50
40 min Back, Neck & Shoulders	£40
30 min Legs & Feet	£30

### Beauty Therapy

Manicure with Arm Massage	£30
Paraffin Wax Intensive Hydration Hand Treatment (varnish extra)	£35
Pedicure with Foot/Leg Massage	£35
Shellac Chip-proof Manicure, lasts up to 2 weeks	£30

### Wax

Half Leg Wax	£20
Half Leg & Bikini Wax	£25
Full Leg	£30
Full Leg & Bikini Wax	£35
Under-arm Wax	£10
Bikini Wax	£15
Lip & Chin Wax	£15
Lip Wax	£10

### Eyes

Eyebrow Tint	£12
Eyebrow Shape	£10
Eyelash Tint	£15

### Electrolysis

£10 minimum – £1 per minute thereafter  
Red Vein Melia Skin Tag Removal  
£15 minimum – £1.50 per min thereafter

### Hairdressing

#### Ladies

Wet Cut	£25
Dry Cut	£20
Restyle	£35
Blow-dry	£20
Blow-dry and Straighten	£25
Restyle	£20
Shampoo Set	£25
Cut, Shampoo & Set	£35
Full Head Highlights	£60
Half Head Highlights	£40
Perm	£40

#### Mens

Wet Cut	£15
Dry Cut	£12

(add £5 for styling)

**Add a head and shoulder massage with any hair treatment for £10**

**Personal Training** with our fully qualified inspirational trainers Joey and Stuart from Energize Gym, is also available. As a sample of the services offered:

One-to-one 1 hour session	£40 for 1 £60 for 2
1½ hr mixed session of training (with ½ hr warm-up ½ hr run ½ hr stretch and cool)	£60 for 1 £80 for 2

### Contact & booking:

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