



Things to do...  
for all the family.



## Walks

Being on the SW coast path and in one of the UK's most celebrated areas of outstanding natural beauty (AONB) we really do have a selection of walks to accommodate everyone so please feel free to ask us about our recommendations.

With some fantastic walks from our doorstep and there is no better way to enjoy the stunning scenery than with a traditional British picnic.

Please order in advance and don't forget to ask for suggestions on our favourite secret picnic spots.

## Picnics

### STAREHOLE BAY PICNIC

Your choice of ham, tomato or cheese sandwich - all with or without salad, fresh fruit or homemade tray bake. A flask of tea or coffee and plastic bottle of still or sparkling water, £15 per person.

### HOPE COVE KIDS PICNIC

Your choice of marmite, peanut butter or jam sandwich, Burts crisps, a chocolate bar and plastic bottle of still or sparkling water - £15 per adult / £10 per child

### SOAR MILL COVE PICNIC

Your choice of handpicked Salcombe crab or prawn and salad sandwich with zesty mayonnaise. Strawberries with clotted cream or cheese & biscuits. Tea or coffee & a plastic bottle of still or sparkling water - £22 per person (add ¼ bottle of Prosecco £9.50)

## On the water

### SALCOMBE SEA 'N' SHORE

Power-Boat Training Courses and Water Sports centre. Professional RYA Training courses in Salcombe and Dartmouth South Devon. Waterski and Wakeboarding sessions, Rib charters and Boat Hire, Sea Safari and Wildlife Tours, Boat trips, Seal Watching Trips, Coasteering, Sailing Experience Days, Coastal Boat trips, Powerboating, Sailing courses, Sailing Yacht charters, Rib Rides along the coast.

All ribs are skippered by advanced RYA and British waterski instructors so you can have a go at driving!

[www.sea-n-shore.com](http://www.sea-n-shore.com)

01548 842 276

### SALCOMBE DINGHY SAILING

Salcombe Dinghy Sailing operates from Whitestrand in the centre of Salcombe with boats on moorings nearby. You can hire boats if you have suitable experience or hire high quality professionals for sailing tuition. Whichever you choose you can expect excellent boats and a high level of personal service.

[www.salcombedinghysailing.co.uk](http://www.salcombedinghysailing.co.uk)

01548 843818

### BANTHAM SURFING ACADEMY

Bantham Surfing Academy's highly experienced and qualified instructors provide professional tuition and coaching from beginners through to elite levels in a safe and friendly environment. Bantham Surfing Academy also offer supervised surfing sessions and kids clubs.

[www.banthamsurfingacademy.co.uk](http://www.banthamsurfingacademy.co.uk)

01548 853803

### **DISCOVERY SURF SCHOOL**

Another great surf and SUP school and a really fun way to enjoy the South West. Discovery Surf School was rewarded by 'Coastal Magazine' as being one of the best surf schools in the country.

[www.discoverysurf](http://www.discoverysurf)

**07813 639622**

### **SEA KAYAK AND SUP SALCOMBE**

Situated at South Sands Beach in Salcombe, Sea Kayak and SUP Salcombe specialise in sea kayaking, kayak tours and stand up paddle boarding. No experience required, sit on top kayak tours in and around Salcombe coastline, great for the family looking to get active.

[www.seakayaksalcombe.co.uk](http://www.seakayaksalcombe.co.uk)

**01548 843451**

### **WATERBORN**

Waterborn Stand Up Paddle Boarding 'SUP' provide a safe and fun service of tuition, tours, hire & sales at The Crabshell Quay on the beautiful flat waters of Kingsbridge estuary.

[www.waterborn.uk.com](http://www.waterborn.uk.com)

**07908 193632**



## **For little uns**

### **EAST SOAR FARM**

East Soar Outdoor Experience is situated on a National Trust farm in one of the most breathtaking parts of the headland. East Soar farm has a Walkers' Hut where walkers can enjoy refreshments and the most delicious cakes while exploring the stunning coastal paths and many walks surrounding the farm.

[info@eastsoar.co.uk](mailto:info@eastsoar.co.uk)

**01548 561904**

### **NATIONAL MARINE AQUARIUM**

Visit the UK's largest aquarium attraction and be amazed by our fascinating underwater world. The National Marine Aquarium is a registered charity committed to promoting a sympathetic understanding of the sea through programmes of education, conservation and research.

[www.national-aquarium.co.uk](http://www.national-aquarium.co.uk)

**01752 600301**

### **ART CAFÉ KINGSBRIDGE**

Paint your own potter, or simply sit back and relax with a cup of coffee and homemade cake.

[www.theartcafe.biz](http://www.theartcafe.biz)

**01548 852 802**

### **WOODLANDS LEISURE PARK**

Woodlands Family Theme Park Devon provides a whole day of variety for all ages. Incredible indoor play centers, outdoor adventures, Zoo-Farm, and Falconry Centre. One inclusive price for a fun filled Family Day Out!

[www.woodlandspark.com](http://www.woodlandspark.com)

**01803 712598**

### **PAIGNTON ZOO**

With three thousand animals, five different habitats and acres of activities you're in for a great day out. But what will you tackle first? Do you cross the hair raising Crocodile swamp, home to the worlds largest croc species, or visit our closest cousins at Monkey heights!

[www.paigntonzoo.org.uk](http://www.paigntonzoo.org.uk)

**0844 4742222**

### **PENNYWELL FARM**

Go and experience the Pennywell farm magic at their multi award winning activity farm - the biggest in the South West. Animals, activities, shows, displays and rides. Every half hour marks the start of something new. Meet new animals, ride the Red Rocket and tractors. A great day out!

[www.pennywellfarm.co.uk](http://www.pennywellfarm.co.uk)

**01364 642023**



## **For grown ups**

### **SALCOMBE SEA 'N' SHORE**

#### **SHARPHAM VINEYARD**

Our local vineyard, winery, cheese dairy and farm on the banks of the River Dart in South Devon. Vineyard treks, tours and tastings available with beautiful walks to nearby Totnes along the River Dart.

[www.sharpham.com](http://www.sharpham.com)

**01803 732203**

### **SALCOMBE SHOOTING SCHOOL**

Whether you are a 'new-comer' to the sport, a regular shot or just needing to fine tune your skills, Salcombe Shooting School will look after your needs. All beginner lessons will cover safe gun handling, etiquette and the basic skills needed to successfully hit different targets. For the more experienced Gun, we offer expert advice to address a specific problem.

[www.salcombeshootingschool.co.uk](http://www.salcombeshootingschool.co.uk)

**01548 560926**

### **PLYMOUTH GIN DISTILLERY**

Experience the unique character of Plymouth Gin Distillery and sample our acclaimed gin. The tour options include a classic Plymouth Gin Distillery Tour, an enhanced Gin Connoisseur's Tour with dedicated tasting of a number of gins (and not just our own) and a much appreciated opportunity to actually distil your own gin with the guest taking responsibility for selecting their botanical recipe and creating the final gin during The Master Distiller's Tour.

[www.plymouthdistillery.com](http://www.plymouthdistillery.com)

**01752 665 292**

### **SALCOMBE GIN SCHOOL**

Gin School, is the ultimate gin experience for the curious gin lover. At our outstanding distilling laboratory for adults, you will take charge of a beautiful copper mini-still to develop and distil your very own 70cl bottle of gin.

[www.salcombegin.com/gin-school/](http://www.salcombegin.com/gin-school/)  
**01548 288180**

### **WHITE WATER KAYAK TOURS**

Experience a three hour playful exploration of the rock gardens around Salcombe. We'll show you some of our favourite spots and teach you the tricks of rock gardening - into sea caves, glide down waves, charge pour-overs, and carve through surge channels - all the while marvelling at the incredible beauty of this wild South Devon Coast.

[www.southsandssailing.co.uk/kayak-tours/](http://www.southsandssailing.co.uk/kayak-tours/)  
**01548 843451**

### **PUB RIDE ON THE MOORS**

Rides consists of approximately one and a half hours ride to the pub, approx an hour in the pub and one and a half hours ride home again. They are ideal for groups of mixed abilities as all levels of experience can ride together.

[www.babenystables.co.uk](http://www.babenystables.co.uk)  
**01364 631 296**



Sea you soon...



**soar mill cove**  
HOTEL

Nr Salcombe, South Devon, TQ7 3DS  
[soarmillcove.co.uk](http://soarmillcove.co.uk) [info@soarmillcove.co.uk](mailto:info@soarmillcove.co.uk) 01548 561566