

Meet the team...

Amy West

SPA THERAPIST

Professional Experience:

13 years working in the beauty industry including:

Boutique Spa Massage Therapist: Haven, Kingsbridge, Champneys
Retail Consultant: Elemis, Cheltenham

My expertise:

- Massage treatments
- Scrubs
- Wraps and facial treatments

ABOUT ME:

After travelling the UK, and beyond, it is a fantastic opportunity to be back where I started out, and to be in such a beautiful location with the friendliest team, is my idea of working!

Making people feel totally relaxed and pampered, is what motivates me and why I simply love my job. Where else could you get to meet such a variety of people, bring them well-being and a chance to escape the pressures of everyday life? We have so many fabulous treatments and therapies here at Soar Mill Cove, and the Temple Spa range, of natural products, enhances the whole experience.

And being a boutique spa, we can offer everyone so much more of a personal attentive time, with a great range of facilities and the salt-water pool, of course! Though, I must say, having two small children of my own, I do beat the path to the beach whenever I can, enjoying all that this wonderful area has to offer for all the family.

I love to keep fit and feel that in this age of 'tech' everywhere we need to give ourselves some proper 'me' time... and for me, that can be working out or taking advantage of the joy of spa myself, after all I know how good it makes you feel and don't want to miss out.

I am looking forward to meeting the regular and, hopefully, plenty of new clients over the next months confident that the services we provide, in the location we have, are unrivalled in the South Hams. And that's for men too... as well as the ladies. Everyone deserves to feel their best and benefit from what spa treatments can provide. Looking good, feeling good and simply enjoying who we are.

And on that note, it's no secret to anyone who knows me that I love a sing-a-long - can't get enough of the Greatest Showman. Maybe I could double up a special treatment, song-fest of all my faves. That would certainly get my feel-good factor going.



FOR MORE INFORMATION AND TO BOOK CALL 01548 561566
OR EMAIL INFO@SOARMILLCOVE.CO.UK
